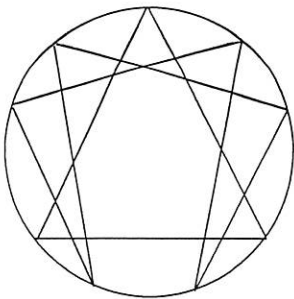


## Enneagram Services Offered

- Introduction to the Enneagram
- Individual Typing Interviews
- Individual and Couples Counseling
- Spiritual Direction
- Point Groups (All members of one Enneagram type)
- Mixed Groups (Many types offer varied perspectives)
- Advanced Enneagram Seminars
- Staff Development
- Retreats



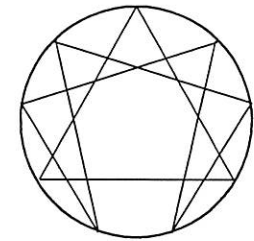
## Seminar Facilitator

Dr. Thornton is a certified Enneagram teacher and has studied with many of the major international Enneagram developers including, Helen Palmer, David Daniels, Don Riso, Russ Hudson, Kathy Hurley, and Theodore Donson.

Dr. Thornton earned his B.A from Geneva College, his M.Div. from Gordon-Conwell Theological Seminary and his D.Min. from Pittsburgh Theological Seminary. He has been active in parish ministry since 1979.

Introduced to the MBTI in 1978, he became a certified Myers-Briggs administrator a few years later, leading Myers-Briggs seminars all around Pennsylvania. He began studying the Enneagram in 1998, immediately recognizing its potential for personal and spiritual growth. He became a certified Enneagram instructor soon after and has continued to lead both Enneagram and MBTI seminars with various of civic, educational, church and business groups.

# *Enneagram Of Personality*



## *Using the Enneagram To Promote Growth and Change*

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## What is the Enneagram?

The Enneagram is a powerful tool for self-discovery. It is based on the theory that each of us is a variation of one of nine core personality types. By discovering our personality type we gain access to our underlying motivations as well as our basic focus of attention. Discovering unconscious motivations and behaviors opens us up for a broader, deeper experience of life. The Enneagram maps the way for the growth and awareness necessary for leading full and balanced lives.

## Why learn the Enneagram?

- To reduce personal reactivity, decrease blame and increase compassion for self and others.
- To identify strengths and skills, building healthy self-esteem.
- To promote effective private and professional lives characterized by self-awareness, trust, respect, and open communications.
- To discover resistance, blind spots, and limitations resulting from our habits of mind and from our life experiences.
- To enhance spiritual development.

## Enneagram and Personality

Our personalities form early in life. The forming of a personality is developmentally necessary. Having a personality structure allows us to contain and direct energy and interact with others predictably. However, the patterns of coping which comprise personality also create for us a narrowing view of reality. These personality-based patterns limit our ability to experience each moment accurately without preconceptions and projections.

When we view life through the lens of our personality type we no longer see 360 degrees of reality. Instead, we believe that our truth is the whole truth. We identify with the habitual thoughts and behaviors of our personality type and believe that we *are* our personality. In truth, we are much more than our personalities. Personality structures are meant to be but a stepping stone on the path to maturity. The Enneagram provides the map to direct us beyond personality to freedom of experience and expression. It can help us to return to a place where we can receive all life has to offer.

## The Nine Personality Types

1. **The Reformer**—*“The world is an imperfect place. I work toward improvement.”*
2. **The Helper**—*“People depend on my help. I enjoy giving to others and feeling needed.”*
3. **The Achiever**—*“The world wants a champion. I do whatever’s necessary to get the job done.”*
4. **The Individualist**—*“Something isn’t quite right here. My sensitivity tells me that authenticity is what counts.”*
5. **The Investigator**—*“The world is demanding and intrusive. I need privacy to figure things out.”*
6. **The Loyalist**—*“I am committed and aware of my duties, but a lot could go wrong.”*
7. **The Enthusiast**—*“Life is full of opportunity and options. There’s a lot to look forward to.”*
8. **The Challenger**—*“The world can be such an unjust place. The powerful must protect the innocent.”*
9. **The Peacemaker**—*“I am peaceful and easy going. I go with the flow.”*